

Questions I might ask myself when trying to find the lens for my memoir...

Or

Questions I might ask myself while looking at my life through a particular window....

- Why did I chose this slice of my life?
- What's so important about this?
- Does it connect to other entries I have in my notebook?
- Do I have more to say about this?
- Where can I get a memory push if I need one (for this particular entry)?

(Remember Zinsser says, "Memoir is a window into a life...")